

Pacific Coast Experience 2019
August 23-28, 2019
Information Sheet - Participant Application details



What	A 6 day adventure near Whistler for senior Rangers, Transitioning Members (TMBR), & Link-aged adult members. This event builds on your previous camping experience and focuses on the transitioning participants into Adventure camping leaders. Along with pre-event preparation & learning, two+ days will be spent at the event on the OAL Adventure theory modules and then participants will have the opportunity to go on a 2-night adventure trip to build up their “hands-on” skills & trip logs. The adventure trips will include a choice of backpacking, cycling, kayaking or rock climbing/multi-sport trip.
Where	Leadership development training in Whistler, BC & adventure trips in the surrounding area
When	August 23-28, 2019
Why	Provide a unique opportunity for senior Rangers, TMBR, Link & adult members up to age 30 to recognize the skills they've developed and mentor them in their progression to take on leadership roles in adventure camping.
Who	Twenty (20) senior Ranger/TMBR aged girls (2000 – 2003) + Twenty (20) Link-aged adult members (preference will be given to members up to the age of 30)
Cost is based on adventure trip selected (see below)	<p>This includes all costs associated with this trip (training program, adventure trip costs including trip specific gear, meals, accommodation, & local travel costs). BC Council travel policy for girls and Guiders attending Provincial events will apply for participants' travel to and from Vancouver.</p> <p>Not included in the event fee are items on the personal kit list or pre-requisite trainings such as kayaking skills trainings.</p> <p>If you need additional financial support, please check with your Area Camping Adviser to see if your Area and or District Councils may be able to assist you with this event. Girl members may fundraise part of their trip cost by following the fundraising policy and procedures (Governance Policy 01-19-01).</p>

General Qualifications

- Good physical fitness
- Five consecutive or non-consecutive nights tenting with Girl Guides of Canada
- Ability to adapt and work co-operatively
- Ability to cope with daily adventure camp activities (no trace camping, back country cooking)
- Is able to participate in all pre-trip preparation including communication (emails, conference calls etc.), trip planning, physical conditioning, light weight food preparation & contribute to gear
- Pre-read the OAL Guide to Adventure Camping
- To get credit in iMIS for OAL Adventure Modules, participants must have completed OAL Tenting or equivalency prior to the training. Contact your District/Area for more info about training opportunities.

Application details

Completed application includes each of the following:

- [Online application form](#)
- [Camping Record Sheet](#) or [Adventure Camping Trip Experience Log \(TR.11\)](#)
- Guiding Reference contact information

It is your responsibility to tell your reference the details of the event you are applying for and to follow up with them to ensure they meet the deadline.

Submit your application online no later than **March 1st, 2019**

****You will be notified via email about whether you have been selected by mid-April 2019.***

If you need more information about this event, please contact the BC Camping Committee adventure.trex@bc-girlguides.org.

PCE ADVENTURE TRIP INFORMATION

<p>Kayaking Cost: \$250 # Participants=8</p>	<p>This 2-night kayaking trip will take place in the beautiful Thormanby Island Group and Smugglers Cove Marine Provincial Park area off the Sunshine Coast. We will travel from Whistler via BC Ferries up to Halfmoon Bay, our launch point. We will spend our time developing our paddling skills, exploring amazing scenery and marine life, practicing our lightweight camping, packing and cooking skills. Once the group is selected, we will work together to plan our trip including route selection, marine navigation, meals and gear.</p> <p>Additional Qualifications (to be confirmed by August 1, 2019)</p> <ul style="list-style-type: none"> • Completed swim or boat test record in iMIS • Some experience with kayaking, and can demonstrate the following kayaking skills: <ol style="list-style-type: none"> a) Paddle a straight course of 200 metres b) Stop the boat within one vessel length after the last stroke c) Move the boat sideways in both directions a distance of three metres d) Demonstrate control of the kayak, including turning e) Demonstrate how to pack and properly trim a kayak and know how to visually identify a properly packed boat f) Perform kayak rescue procedures including a wet exit and kayak re-entry <p><i>This trip counts toward the OAL Adventure Module 8 as a 2-night moving Expedition</i></p>
<p>Beginner Backpacking Cost: \$100 # Participants=10</p>	<p>This 5m km trail hike with moderate elevation gain (380m) hike snakes through old growth forests past 3 glacier lakes. We will establish a base camp at the campsite next with a view of the glacier and a truly exceptional view from the toilet. The group will decide on the trail plan for day hikes on the next day, before returning to the trailhead the final day.</p> <p>Additional Qualifications</p> <ul style="list-style-type: none"> • Can hike with a 40lb pack for 8 km with moderate elevation gains. <p><i>This trip counts toward the OAL Adventure Module 8 as a 2-night non-moving Expedition</i></p>
<p>Advanced Backpacking Cost: \$100 # Participants=10</p>	<p>A backcountry hiking and camping trip on a well-developed, moderate trail. We will be hiking as a group to the Garibaldi Lake backcountry campsite (9 km, 900 m ascent elevation, estimated 4-5 hrs hiking) on the first day. The Garibaldi Lake campsite has tent pads, dining shelters, and pit toilets. The second day, we will go on a hike in the Black Tusk meadows/Helm lake/Panorama ridge area (max 12 km return, 600 m elevation, estimated 6-7 hrs hiking with a lunch break). Note we will stay on well-defined trails only and will not be scrambling. We will return on the third day (9 km, 900 m descent elevation, estimated 4 hrs hiking).</p> <p>Additional Qualifications</p> <ul style="list-style-type: none"> • Can hike with a 40lb pack for 10 km with elevation gains up to 900m. <p><i>This trip counts toward the OAL Adventure Module 8 as a 2-night non-moving Expedition</i></p>
<p>Rock Climbing/ Multi-Sport Cost: \$250 # Participants=12</p>	<p>Camping near Squamish, this adventure trip will start with rock climbing the small granite cliffs of Squamish's beautiful Smoke Bluffs Park, just west of the Stawamus Chief. The next day, embark on a climbing adventure like no other, by ascending the Sea to Sky Corridor's Via Ferrata in Squamish, while safely clipped into harness and lanyards and a specialized cable system. From high up in the mountains, see amazing views of Howe Sound and nearby peaks. Come join us for an incredible adventure and ROCK ON!</p>
<p>Cycling Cost: \$200 # Participants=10</p>	<p>Take your cycling off-road to explore this the beautiful part of BC through mossy forest & old growth trees to Cheakamus Lake, taking all your gear on your bike. The group will set up a base camp here and take on the trail to Singing Creak with optional day hike the next day before returning back to the trailhead.</p> <p>Additional Qualifications</p> <ul style="list-style-type: none"> • Physical fitness: be able to cycle 10km per day and lift your bike <p><i>This trip counts toward the OAL Adventure Module 8 as a 2-night non-moving Expedition</i></p>